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MRSC

HEALTH AWARENESS CAMP

29TH AUGUST 2019

INAUGURATION AND ZUMBA TRAINING BY EXPERT

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ROUTINE HEALTH AWARENESS FOR COLLEGE – HEIGHT, WEIGHT, BLOOD GROUP, BLOOD PRESSURE, HEMOGLOBIN ESTIMATION

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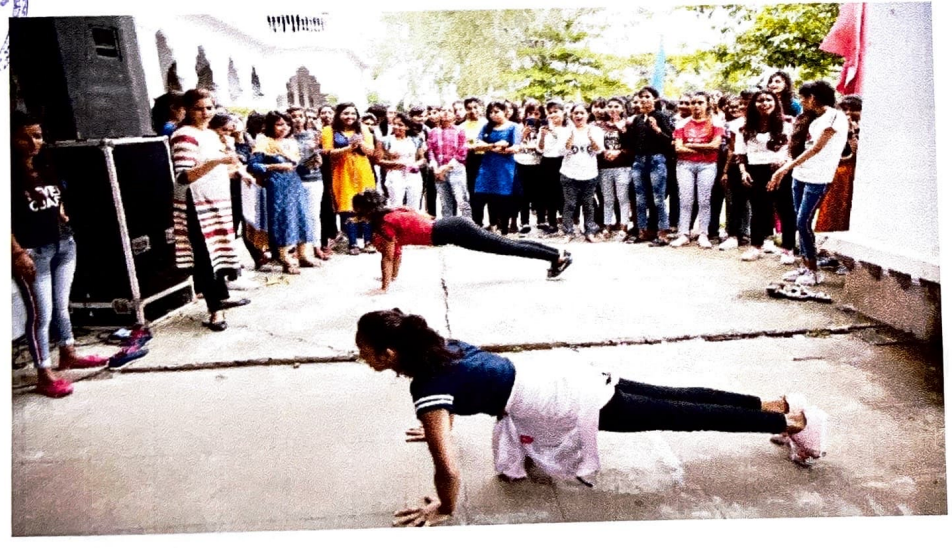
OUTDOOR HEALTH ACTIVITY – PUSHUPS AND SKIPPING FOR STUDENTS



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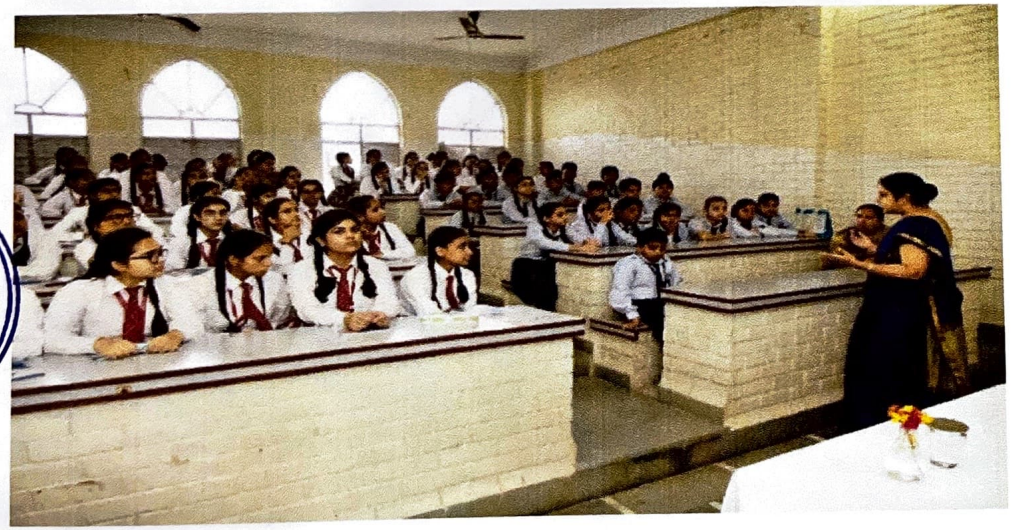
HEALTH COUNSELLING FOR STUDENTS BY EXPERT



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HEALTHY FOOD STALL COMPETITION

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29TH AUGUST 2019

MEDIA COVERAGE

नईदुनिया
इंदौर, शनिवार 31 अगस्त 2019

फिट इंडिया प्रोग्राम में स्टूडेंट्स ने की जुंबा एक्सरसाइज

फिट इंडिया अभियान के अंतर्गत शहर के एक निजी कॉलेज में जुंबा एक्सरसाइज, पुशअप, रिकॉर्ड कॉम्पीटिशन और हेल्थ वेलनेस कैंप आयोजित किया गया। जुंबा एक्सरसाइज कैंप में कॉलेज के शहरभर स्टूडेंट्स को फिट रहने के टिप्स देते हुए म्यूजिक बीट्स पर जुंबा एक्सरसाइज कराई। ● नईदुनिया

M.R.S.C.P.S. INDORE